Services

Children and Adolescents
Individual/Couples/Families
Marital and Premarital Counseling
Anger/Stress Management
Depression/Anxiety
ADD/ADHD
Parenting Issues
Addictions
Sexual Abuse/Trauma
Spiritual Growth and Development
Panic Attacks/Phobias
Co-dependency
Mental Illness
Seminars
Consulting Services
Pastoral Counseling
Groups

Locations

Alexandria, VA
Beltzville, MD
Bowie, MD
Burtonsville, MD
Forestville, MD
Fort Washington, MD
Greenbelt, MD
Lanham, MD
La Plata, MD
Lexington Park, MD
Rockville, MD
Upper Marlboro, MD
Virginia Beach, VA
Waldorf, MD
White Plains, MD
NE Washington, DC
NW Washington, DC

CALL
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(301) 645-9200
TOLL-FREE
888-283-4220
DAY, EVENING,
& SATURDAY
HOURS

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Christine Buckingham, PhD, LCPC, NCC
Executive Director

Clinical Excellence from a Christian Foundation
Serving Maryland, Virginia, and Washington, DC

Sliding Scale
Clinical Excellence from a Christian Foundation

Life Christian Counseling Network is committed to helping others grow to full maturity so that through healing and growth, the church will be strengthened to the glory of God.

One plants, another waters, but it is God who makes things grow. 1 Cor. 3:6-8

Our counselors are trained to help people who want to grow; who feel stuck; who can’t seem to stop destructive behaviors; who can’t seem to, “just let things go”; whose thinking and behaviors are still deeply affected by the past; whose lives have been affected by grief and trauma; and who have tried unsuccessfully to let time heal their wounds.

The purposes of one’s heart are deep, but a person of understanding draws them out. Proverbs 20:5

All Life Christian Counseling Network counselors are Christian counselors who have earned a Masters’ degree or a Ph.D. in counseling or a related field from an accredited graduate school. All are fully credentialed and are either Nationally Certified through the National Board for Certified Counselors (NBCC) or similar accrediting body, or hold state licenses with Maryland, DC, or Virginia.

History

Christine Buckingham’s counseling practice was established in 2004, and in 2008 adopted the name Life Christian Counseling Network. Chris has profound empathy for people and believes that within a trusting, compassionate relationship longings are identified and nurtured, and wounded hearts are healed. She has experienced how God uses sound clinical interventions to change lives and is passionate about providing a safe haven where clients can explore how they can be transformed by God’s healing grace and truth.

Endorsements

“Life Christian Counseling Network is comprised of women and men who are therapeutically sound, relationally wise, and passionate followers of Jesus. Their desire is not only to help you engage the heartache and struggles of this life well, but also to help you grow to become the person you were meant to be in the process. You will discover your investment to grow will have dividends far beyond what you could possibly imagine today and for many, many years to come.”

Dan B. Allender Ph.D.
Professor of Counseling Psychology
The Seattle School of Theology and Psychology
Psychologist, and Author

"The Life Christian Counselors are professional and concerned."
Ed Torrence, Elder, National Church of God, Ft. Washington, MD

"Life Christian Counseling is a tremendous blessing and I recommend Life Christian Counseling without reservation."
Wes Johnson, Senior Pastor, First Assembly of God, Alexandria, VA

"What a blessing to know Life Christian Counseling. Our ministry has been blessed by their Christian counseling as they help many in our community. We have complete confidence referring our family members and friends to the LCCN counselors."
Fred Caudle, Pastor of First Baptist Church of St. Charles, Waldorf, MD

"I wholeheartedly endorse Life Christian Counseling Network. Peter and Dr. Christine Buckingham's vision to serve our local churches through counseling ministry; which I interpret as the gift of healing or the taking away of diseases carismata iamatwn (1 Corinthians 12: 9:b). Their ministry is a strategic key to recognizing the Kingdom of God on the earth. All should support this ministry."
Joseph Evans, Ph.D., Senior Pastor
Mount Carmel Baptist Church

LCCN Counselors are Clinically Trained and work from a Christian world view.

LCCN counselors work with: Children, Adolescents, Adults and Couples

Chris Buckingham is a Licensed Clinical Professional Counselor. She has worked extensively with adolescents, families, and adults in various ministry, community, and counseling positions.